

We'd love to hear from you!

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Breakfast: 7:00-9:30
Lunch: 11:00-1:00
Grab and Go: 6:30-10:30/11:00-
Grab and Go Delivery Service:

Welcome to the Fresh Seasons Café at the Freeman Building

Week of August 19, 2019

Fresh Seasons Café

| MONDAY | | |
|------------------|---------------------------------------|---------------|
| Breakfast | Bacon Egg Sandwich | \$2.95 |
| Entree | Ham & Swiss On Rye | \$6.99 |
| Pizza | Pepperoni | \$2.89 |
| Soup | Beef Chili | \$2.75/\$3.75 |
| Greens | Chef Salad | \$6.50 |
| Grains | Italian Wedge | \$3.25 |
| TUESDAY | | |
| Breakfast | Egg Sandwich | \$2.95 |
| Entree | Turkey Pesto On Ciabatta | \$6.99 |
| Pizza | Sausage | \$2.89 |
| Soup | Chicken and Sausage Gumbo | \$2.35/\$2.90 |
| Greens | Chiptole Chicken Salad / Ham & Cheese | \$6.50/\$3.25 |
| WEDNESDAY | | |
| Breakfast | Ham & Cheese Egg Sandwich | \$2.95 |
| Entree | Chicken Salad Croissant | \$6.99 |
| Pizza | Sausage and Pepperoni | \$2.89 |
| Soup | Chicken Noodle | \$2.35/\$2.90 |
| Greens | Chipotle Chicken Salad | \$6.50 |
| Grains | Protein Pack | \$4.99 |
| THURSDAY | | |
| Breakfast | Breakfast Burrito | \$2.95 |
| Entree | Italian Sub | \$6.99 |
| Pizza | Meat Supreme | \$2.89 |
| Soup | Chicken Wild Rice | \$2.35/\$2.90 |
| Greens | Chicken Caesar | \$6.50 |
| Grains | Bologna & Cheese | \$3.25 |
| FRIDAY | | |
| Breakfast | Sausage Egg Muffin | \$2.95 |
| Entree | Tuna & Swiss On Swiss | \$6.99 |
| Pizza | Four Cheese | \$2.89 |
| Soup | Meatball Minestrone | \$2.35/\$2.90 |
| Greens | Chef Salad | \$6.50 |
| Grains | Chicken Salad Wedge | \$3.25 |